

			HIGH KNOB HELLBENDER 10K			
			OCTOBER 6, 2018			
			NORTON, VIRGINIA			
			OFFICIAL RACE RESULTS			
Place	Name	Sex	Age	Time	Pace	Residence
1	Brad Mathisen	M	30	53m 35s	8m 38s 548ms	Norton, Va
2	Owen Lindsey	M	17	56m 8s	9m 3s 226ms	Norton, Va.
3	Bess Mathisen	F	30	56m 34s	9m 7s 419ms	Norton, Va.
4	Nate Stalnaker	M	38	59m 55s	9m 39s 839ms	Bristol, Tenn.
5	Shawn Becker	M	41	1h 1m 6s	9m 51s 290ms	Weber City, Va.
6	Chris Basham	M	46	1h 1m 40s	9m 56s 774ms	Wise, Va.
7	Matthew Frye	M	38	1h 4m 29s	10m 24s 32ms	Rockledge, Fla.
8	Angela Frye	F	35	1h 4m 29s	10m 24s 32ms	Rockledge, Fla.
9	Keith Davis	M	37	1h 5m 6s	10m 30s	Big Stone Gap, Va.
10	Ray Mullins	M	35	1h 5m 40s	10m 35s 484ms	Nickelsville, Va.
11	Tommye Horton	F	41	1h 6m 13s	10m 40s 806ms	Kingsport, Tenn.
12	Sam Wharton	M	37	1h 6m 38s	10m 44s 839ms	Wise, Va.
13	Daniel England	M	20	1h 7m 37s	10m 54s 355ms	Wise, Va.
14	Gretchen Addison	F	32	1h 8m 28s	11m 2s 581ms	Abingdon, Va.
15	Coby Addison	M	33	1h 8m 28s	11m 2s 581ms	Abingdon, Va.
16	Ty Torrance	M	36	1h 8m 43s	11m 5s	Richmond, Va.
17	Chris Bailey	M	36	1h 9m 44s	11m 14s 839ms	Wise, Va.
18	Michael Hamrick	M	35	1h 10m 5s	11m 18s 226ms	Kingsport, Tenn.
19	Sarah Carlson	F	31	1h 11m 10s	11m 28s 710ms	Norton, Va.
20	Kelly Chandler	M	45	1h 12m 17s	11m 39s 516ms	Gate City, Va.
21	Jake Dougherty	M	37	1h 12m 37s	11m 42s 742ms	Gate City, Va.
22	Tommy Mullins	M	40	1h 13m 43s	11m 53s 387ms	Norton, Va.
23	Mitchell Bray	M	38	1h 13m 56s	11m 55s 484ms	Johnson City, Tenn.
24	Kristi Begley	F	45	1h 14m 24s	12m	Fort Blackmore, Va.
25	Caitlyn McMinn	F	13	1h 18m 32s	12m 40s	Fletcher, NC
26	Logan McMinn	M	10	1h 18m 32s	12m 40s	Fletcher, NC
27	Keith Stidham	M	50	1h 19m 40s	12m 50s 968ms	Wise, Va.
28	Christina McMinn	F	37	1h 20m 21s	12m 57s 581ms	Fletcher, NC
29	Chad Large	M	37	1h 20m 30s	12m 59s 32ms	Coeburn, Va.
30	Parker Pauley	M	23	1h 21m 4s	13m 4s 516ms	Wise, Va.
31	Don Keen	M	37	1h 21m 37s	13m 9s 839ms	Kingsport, Tenn.
32	Billy Mays	M	42	1h 22m 4s	13m 14s 194ms	Norton, Va.
33	Andrea Calvert	F	33	1h 22m 43s	13m 20s 484ms	New Albany, Ind.
34	John Hommell	M	41	1h 22m 58s	13m 22s 903ms	Kingsport, Tenn.
35	Lance Dotson	M	42	1h 22m 59s	13m 23s 65ms	Wise, Va.
36	Eddie Hood	M	48	1h 25m 41s	13m 49s 194ms	Indian Springs, Tenn.
37	Nathaniel Lane	M	36	1h 27m 6s	14m 2s 903ms	Pound, Va.
38	Brian Newberry	M	41	1h 27m 28s	14m 6s 452ms	Coeburn, Va.
39	Michael Lovelace	M	62	1h 30m 59s	14m 40s 484ms	Kingsport, Tenn.
40	Sass Sloce	F	25	1h 31m 40s	14m 47s 97ms	Norton, Va.

41	Mercedes Gilliam	F	19	1h 31m 40s	14m 47s 97ms	Wise, Va.
42	Sean Stanley	M	24	1h 32m 15s	14m 52s 742ms	Clintwood, Va.
43	Sharon Barood	F	65	1h 33m 16s	15m 2s 581ms	Kingsport, Tenn.
44	Josh McMin	M	37	1h 33m 59s	15m 9s 516ms	Fletcher, NC
45	Samantha Keen	F	33	1h 34m 39s	15m 15s 968ms	Kingsport, Tenn.
46	Claire Dunn	F	65	1h 35m 36s	15m 25s 161ms	Flowery Branch, Ga.
47	David Sheppard	M	43	1h 38m 22s	15m 51s 935ms	Wise, Va.
48	Mark Dunn	M	65	1h 39m 24s	16m 1s 935ms	Flowery Branch, Ga.
49	Brittney Dickenson	F	29	1h 42m 29s	16m 31s 774ms	Big Stone Gap, Va.
50	Joanie Stallard Stewart	F	41	1h 44m 34s	16m 51s 935ms	Knoxville, Tenn.
51	Andrea Hightower	F	50	1h 46m 14s	17m 8s 65ms	Wise, Va.
52	Suzanne Herron	F	38	1h 49m 16s	17m 37s 419ms	Wise, Va.
53	Caitlyn Campbell	F	28	1h 52m	18m 3s 871ms	Nickelsville, Va.
54	Mandy Summers	F	40	1h 52m 31s	18m 8s 871ms	Wise, Va.
55	Chuck Summers	M	42	1h 52m 31s	18m 8s 871ms	Wise, Va.
56	Becky Lagow	F	46	1h 56m 4s	18m 43s 226ms	Norton, Va.
57	Tricia Cahoon	F	50	1h 58m 5s	19m 2s 742ms	Wise, Va.
58	Bruce Cahoon	M	49	1h 58m 6s	19m 2s 903ms	Wise, Va.
59	Scott Ball	M	49	2h 2m 30s	19m 45s 484ms	Church Hill, Tenn.
60	Rene Cornette	F	37	2h 3m 8s	19m 51s 613ms	Grays Knob, Ky.
61	Collin Cornette	M	39	2h 3m 10s	19m 51s 935ms	Grays Knob, Ky.
62	Cecilia Onate	F	28	2h 4m 55s	20m 8s 871ms	Coeburn, Va.
63	Margie Tomann	F	31	2h 6m 24s	20m 23s 226ms	Wise, Va.
64	Kathy Lyons	F	61	2h 7m 7s	20m 30s 161ms	Soquel, Calif.
65	Gary Kohler	M	65	2h 7m 10s	20m 30s 645ms	Soquel, Calif.
66	David Lyons	M	65	2h 7m 19s	20m 32s 97ms	Oakland, Calif.